



Golden Highlights January 2009

Dates to Remember...

January 10th... Parent party...call any board member with questions



Scrip dates...

January 13th and 27th
February 11th and 25th

Board Members...

Patty Kalil, President	934-2977
Todd Snyder, Vice Pres.	896-2355
Tracy Swanson, Secretary	391-2985
Karen Warner, Treasurer	496-2591
Dave Barmore, Meet Director	895-4224
Jane Herman, Newsletter	964-9890
Linda Taylor, Fundraising	891-0120
Rick Straub, Auditor	896-0888

Congratulations to the C team on a GREAT season!



December and January Birthdays...



Grace Holst	12/7/99
Dani Barmore	12/17/96
Maeanna Hall	12/22/98
Julianna Kalil	12/26/99
Lanie Snyder	12/30/95
Abbie Nylin	1/5/00
Ashly Helfrich	1/26/99
MacKenzie Filipiwicz	1/31/97

Good luck to the Optionals girls as they flip and leap into their season!



Optional Team meet schedule...

Jan 17-18	Chow's Rising Star Challenge Des Moines, IA
Jan 31-Feb 1	Pike's Peak, Colorado Springs
Feb 20-22	Cactus Cooler, Las Vegas
Mar 6-8	Harley Davidson Invite Milwaukee, WI
Mar 14-15	Golden Invite
Mar 28-29	State...TBA
April 23-26	Regionals, Wisconsin Dells
May 7-10	Level 9 Westerns, Bartlesville, OK
May 14-17	Level 10 Nationals, Auburn, WA

Chalk it Up

Level 5

Gymnast	Vault	Bars	Beam	Floor	AA
Claire Kolkman	6.450	8.350	8.225	8.525	31.550 – 2nd
Abby Stevens	7.9	7.55	7.875	8.2	31.525 – 7th
Casey Tillisch	7.5	8.450	8.550	8.3	32.800 – 6th
Kaylee Wiemers	7.3	7.35	8.45	7.9	31.00 – 8th
Mary Frerichs	8.675	8.450	8.450	8.925	34.500 – 2nd
Maeanna Hall	8.0	8.6	8.675	8.85	34.125 – 3rd
Ashly Helfrich	7.5	8.0	8.1	8.35	31.950 – 7th
Rianna Noelle	8.6	8.7	7.8	8.9	34.00 – 2nd

Level 6

Gymnast	Vault	Bars	Beam	Floor	AA
Abbie Nylin	8.85	9.05	9.275	8.8	35.975
Julianna Kalil	8.45	7.8	8.825	8.1	33.175
Kelly Straub	8.25	9.25	8.775	8.825	35.1
Brianna Ledger	8.575	8.4	8.525	8.65	34.15
Vanessa Kalil	8.3	8.175	8.2	8.4	33.075
Abi Knapton	8.1	8.35	8.775	7.7	32.925
Bella Maxwell	8.05	9.2	8.65	8.775	34.675
Payton Conrad	8.3	8.65	8.25	8.6	33.8
Rochelle Gober	8.75	9.2	9.175	9.4	36.525

Level 6 placed 1st as a team!!

Solid Rock

Level 5

Gymnast	Vault	Bars	Beam	Floor	AA
Claire Kolkman	6.8	8.3	8.2	8.2	31.500 – 2nd
Abby Stevens	8.3	8.350	7.45	8.625	32.725 – 7th
Casey Tillisch	8.15	8.0	7.95	8.7	32.80 – 6th
Kaylee Wiemers	7.0	7.975	8.150	8.575	31.700 – 6th
Mary Frerichs	8.650	8.150	8.550	8.950	34.300 – 3rd
Maeanna Hall	7.8	8.625	8.750	8.7	33.875 – 4th
Ashly Helfrich	7.9	7.850	8.65	8.65	33.050 – 6th
Rianna Noelle	8.7	9.025	8.725	8.650	35.100 – 2nd

Level 6

Gymnast	Vault	Bars	Beam	Floor	AA
Abbie Nylin	8.75	8.6	9.0	8.5	34.85
Julianna Kalil					
Kelly Straub	8.2	9.375	8.875	8.925	35.375
Brianna Ledger	8.45	8.575	8.6	8.675	34.3
Vanessa Kalil	8.55	7.35	7.5	8.1	31.5
Abi Knapton	8.75	7.85	9	8.275	33.875
Bella Maxwell	8.25	9.4	9.2	8.45	35.3
Payton Conrad	8.75	7.8	9	7.8	33.35
Rochelle Gober	9	8.875	8.8	9.3	35.975

Level 6 placed 1st as a team...way to go!

State

Level 5

Gymnast	Vault	Bars	Beam	Floor	AA
Claire Kolkman	8.35	8.475	8.425	8.65	33.9 – 4th
Abby Stevens	8.65	8.85	8.55	8.575	34.625 – 5th
Casey Tillisch					
Kaylee Wiemers	7.9	8.4	8.75	8.55	33.60 – 7th
Mary Frerichs	9.2	9.250	8.775	8.9	36.125 – 2nd
Maeanna Hall	8.75	9.1	8.6	8.975	35.425 – 3rd
Ashly Helfrich	8.6	7.250	8.225	8.425	32.500 – 8th
Rianna Noelle	8.925	9.075	8.7	8.650	35.350 -1st

Level 6

Gymnast	Vault	Bars	Beam	Floor	AA
Abbie Nylin	9.35	8.7	8.875	9.075	36.0
Julianna Kalil		8	8.2	8.25	24.45
Kelly Straub	9.15	9.25	9.1	8.925	36.425
Brianna Ledger	8.9	8.575	8.25	9.025	34.75
Vanessa Kalil	9.15	8.2	9.175	8.35	33.875
Abi Knapton	8.85	8.55	9.025	8.35	34.775
Bella Maxwell	8.85	9.35	8.975	8.75	35.925
Payton Conrad	8.75	8.225	8.7	8.425	34.1
Rochelle Gober	9.2	9.1	9.15	9.4	36.85

Level 6 took state!